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Mainstay Life Services Appoints Brian Roche as Director of Facilities

September 7, 2023 (PITTSBURGH, PA) – Mainstay Life Services, a nonprofit organization that provides life-long, high-quality support services to people with intellectual disabilities and autism (ID/A), is pleased to welcome Brian Roche as Director of Facilities.

“As I begin this new chapter of my career, I can’t help but feel eager to begin putting my skills toward an organization with such a purposeful mission,” said Roche. “Mainstay’s facilities are more than just four walls and a roof— it’s where people’s lives are changed. I am looking forward to making a difference at Mainstay.”

In this role, Roche supports the organization as he facilitates the management of the fleet, and all commercial and residential properties. Additionally, Roche is responsible for daily facility and fleet matters and supervises the maintenance staff members and independent contractors.



Roche comes to Mainstay with more than 30 years of commercial and residential construction experience working with project managers, homebuilders, business owners, and homeowners. Most recently, Roche served as a Commercial Service

Carpenter and Project Manager at F5 Facility Services, where he oversaw multiple projects at a time and assessed repairs and issues quickly and effectively. He also served as the Owner of Keystone Closet Company, a residential and commercial design build firm, for 18 years. His responsibilities spanned across all phases of construction including planning, design, framing, drywall, painting, flooring, and more.

“Every aspect of our operations contributes to the overall success of our mission, including the maintenance of our facilities and fleet,” said Jodie Esper, Mainstay Life Services Chief Financial Officer. “Brian’s extensive background will not only keep our facilities operating properly but will also aid our organization’s growth, proving Mainstay as a safe, reputable place for anyone receiving supports.”

Roche received his bachelor’s degree in industrial technology management from California University of Pennsylvania.

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About Mainstay Life Services

Mainstay Life Services is a nonprofit organization providing residential services, community services, clinical and behavioral supports, and employment services to people with intellectual disabilities and autism (ID/A) and their families. We are committed to assisting the people we support to reach their fullest potential within their community.