



For Immediate Release

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Mainstay Life Services Appoints Ned Ochester as New Director of Program Operations

October 2022 (PITTSBURGH, PA) – Mainstay Life Services, a nonprofit organization that provides life-long, high-quality support services to people with developmental disabilities, is pleased to announce the promotion of Ned Ochester to Director of Program Operations.

"Mainstay has provided me countless opportunities," Ochester said. "I am very excited for this new role and to be a part of Mainstay's ongoing growth and continuous improvement in quality and services."

In his new role, Ochester will provide strategic leadership in service to the organization's mission while overseeing program operations which include service delivery, team management, quality improvement, technology management and supports and program development. He will facilitate the execution of operational alignment with strategic priorities, evaluate community needs and create response plans for the individuals supported.



Ochester first joined Mainstay in 1995 and has worked in a number of capacities since then, which include Program Manager, Program Coordinator, Summer Program Director, and Director of Community Services.

"Ned has shown impressive leadership qualities during his time at Mainstay and there is no doubt he will flourish as our new Director of Program Operations," said Kim Sonafelt, Mainstay Life Services Chief Executive Officer. "He holds a passion for all areas of supports, which makes him a great candidate for this role."

Prior to joining Mainstay, Ochester worked for a variety of social service providers in Chicago and Western Pennsylvania.

Ochester has a master's degree in social work and social policy, and a bachelor's degree in American history, both from the University of Chicago.

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About Mainstay Life Services

Mainstay Life Services is a nonprofit organization providing residential services, community services, and other supports to people with developmental disabilities and their families. We are committed to assisting the people we support to reach their fullest potential within their community.