



Painting

A COLORFUL FUTURE

A paintbrush with a wooden handle and a blue tip is shown drawing a white heart shape on a light blue background. The brushstroke is thick and expressive.

Dear Friends of Mainstay,

At the end of Mainstay Life Services' fiscal year 2023 (FY23), we wrapped up a three-year strategic plan to grow our services, resources, and talent. We successfully met most of the metrics of the plan, despite carrying it out during the height of the pandemic.

During FY23 (7/1/2022 – 6/30/2023) there were many successes that strengthened our organization and enabled us to *enrich lives* and *unlock potential* for the people we support, our team members, and the community.

Highlights from FY23 included:

- **Doubling the number of people served through our Life Sharing programs.** Life Sharing enables a person with intellectual disabilities and autism (ID/A) to join a provider family, in their home, as a fully participating member of the household. Throughout FY23, this program grew to 16 people (and continues to expand).
- **Growing our technology supports** to enhance health, wellness, safety, and independence.
- **Remaining committed to diversity, equity, inclusion, and belonging (DEIB).** During FY23, we added Belonging to our DEI efforts. This reminds us that our goal at Mainstay is to create environments where people from all backgrounds feel a sense of belonging,

are able to fully participate, and are empowered to contribute their unique perspectives and talents.

- **Investing in our team through the creation of the Mainstay Leadership Series.** This three-month series of learning sessions engages our leaders (and emerging leaders) to help them adapt, reinvent, and grow their careers.
- **Launching adaptive fitness classes through Eruption Athletics and seeing the return of Art Classes!** This Annual Report includes contributions from several of our talented artists.
- **Delivering strong financial results.**

Despite the continued challenges facing the ID/A sector (including staffing shortages and sustainable funding of services), every day we remain focused on the reason Mainstay is here for our community: *Enriching Lives. Unlocking Potential.*

Thank YOU for being a part of our community and for helping us to carry out our mission to *provide life-long, high-quality support services, ensuring that people with intellectual disabilities and autism lead fulfilling lives and realize their vision of a desirable future.*

In gratitude,

A handwritten signature in black ink that reads 'Kim A Sonafelt'. The signature is fluid and cursive.

Kim Sonafelt | Chief Executive Officer

Thank you to our talented artists for sharing their artwork for this report.





2024



JANUARY						
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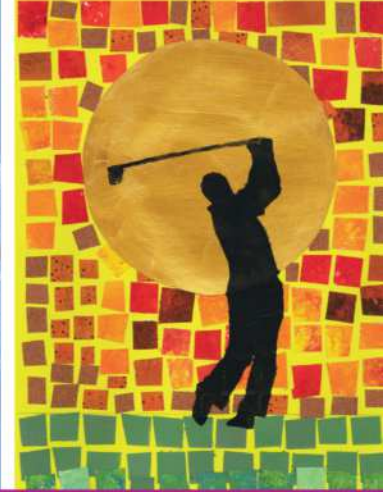
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6/24: Charlie Ross Memorial Charity Golf Outing

11/14: 25th Anniversary Celebration



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For more information, contact Dorothy Gordon at DGordon@MainstayLifeServices.org or 412-344-3640 x335.



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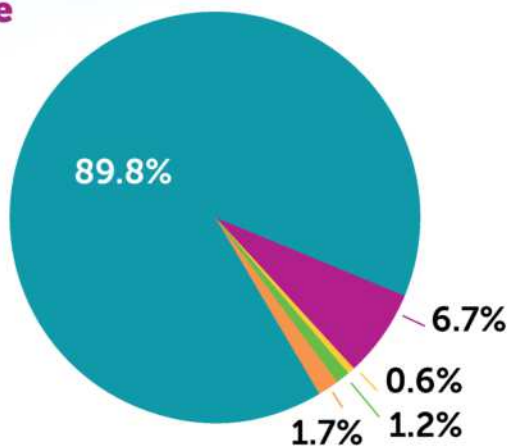
Financial Report

JULY 1, 2022 – JUNE 30, 2023

Operating Revenue

\$28,592,462

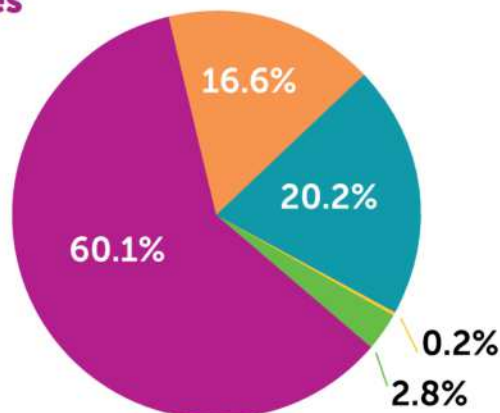
- Program Revenue
\$25,681,410
- Contracted Revenue
\$487,587
- Grants & Contributions
\$330,005
- Fundraising \$171,234
- Investments & Other
\$1,922,226



Operating Expenses

\$26,023,993

- Residential Services
\$15,638,814
- Community Based Services
\$4,321,179
- Management & Other
\$5,259,885
- Fundraising \$63,755
- Depreciation & Amortization
\$740,360



EXECUTIVE TEAM

- Kim Sonafelt, *Chief Executive Officer*
- Jodie Esper, *Chief Financial Officer*
- Dorothy Gordon, *Chief Advancement & Engagement Officer*
- Christina Graves, *Chief Program Officer*
- Willette Walker, *Chief Human Capital Officer*
- Ryan Lemmon, *Director of Quality & Performance Improvement*
- Ned Ochester, *Director of Program Operations*
- Brian Roche, *Director of Facilities*

Thank you!

We are grateful to the many contributors who supported the Mainstay mission in fiscal year 2023! If you would like an opportunity to get involved, please contact Dorothy Gordon at DGordon@MainstayLifeServices.org or visit us at MainstayLifeServices.org.

DONORS TO MAINSTAY LIFE SERVICES – FISCAL YEAR 2023 (7/1/2022 – 6/30/2023)

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Pittsburgh Public Theater
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Rohrich Toyota
James Rossini
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Pittsburgh Steelers
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and Children

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Joy and Jeffrey Willner

In Memory Of Tom Wysocki Sr.

Carol Wysocki and Family



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Contact@MainstayLifeServices.org

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