



*Mainstay sees the potential
in all of those we support...*

and is **committed to helping them fulfill meaningful roles** in their communities and in the workplace. For more information, please visit mainstayliveservices.org or contact **Lisa Svidron, Associate Director of Employment Services**, at lsvidron@mainstayliveservices.org or 412.344.3640 to learn more about our Employment Services.



EMPLOYMENT SERVICES

People with developmental disabilities will live within a community that sustains them and benefits from their participation. Mainstay Life Services specializes in offering employment services for these individuals, ensuring they lead fulfilling lives and unlock their potential.



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What makes Mainstay's approach to employment services different?

At Mainstay Life Services, **we know every person is unique.** That's why we use a personalized and person-centered approach when it comes to Career Exploration and Job Development. This ensures an outcome that meets the desires of the person receiving supports.

In order to make certain those in the employment program **find a job that is the perfect fit**, every person receives a "Getting to Know You" profile. Our small staff-to-person ratio makes sure each participant gets direct support from staff members.

Additionally, all employment services' staff are certified via ACRE (Association of Community Rehabilitation Educators) or hold a CESP (Certified Employment Support Professional) credential so they can apply their expertise and experience to helping each job seeker.



Mainstay is proud to offer the following services:

CAREER EXPLORATION

We have a very **individualized approach to career exploration.** Based on the person's vocational desires and areas of interest, we seek opportunities for them to job shadow or perform community-based assessments. We also have access to a number of funding resources, including OVR (Office of Vocational Rehabilitation), Waiver programs and private pay. At Mainstay, we provide one-on-one support to ensure each person understands the tasks, as we develop accommodations for success and evaluate the skills demonstrated on-the-job.

JOB EXPLORATION

We are **committed to helping those in the program from start to finish.** We support them every step of the way by assisting in formulating a resume, preparing for interviews, securing employment, and providing on-the-job support. Our team maintains contact with the employer and works toward achieving the employment support plan. **Job coaches assist each person supported** in achieving success at their place of employment.

JOB COACHING

We are **dedicated to ensuring each person is successful** on-the-job and in the community. One-on-one coaching is provided through the use of verbal direction, modeling, hand-over-hand and teamwork. We make sure to use the best and most effective approach for each person to ensure maximum success and mutual satisfaction.

BENEFITS COUNSELING REFERRAL

Once a job is achieved, a referral is made to AHEDD (a specialized human resource organization with a focus on employment of people with disabilities) for benefits counseling. Staff attends the meeting with the person supported for a greater understanding of the hours that should be worked.

