

## Our Mission

Providing life-long, high-quality support services to ensure that people with developmental disabilities lead fulfilling lives and realize their vision of a desirable future.

## Our Vision

People with developmental disabilities will live within a community that sustains them and benefits from their participation. Mainstay Life Services will be regarded as the region's provider of choice for individuals and families seeking services, and as the employer of choice for qualified and committed professionals.

## Our Values and Commitment to those we serve

We will be guided by the need to develop each person's full potential for community participation, inclusion, and personal development.

We will provide support with sensitivity, respect, dignity, compassion, and responsiveness to individual needs.

We will offer the appropriate level and type of care that continually evolves relative to the needs of those we serve.

We will listen before responding, seek and consider all relevant points of view, and be guided by a spirit of participation and partnership in making decisions of importance to individuals and their families.

We will work to continuously improve our services.

We will support the people in our care to make real choices and to take personal control of life decisions.

We will encourage sustained, respectful relationships with family and friends.

# Home and Community Supports



Gain Independence  
Learn New Skills  
Safety at Home  
Safety in the Community  
Have Fun in the Community  
Assistance with Your Finances



Learn Mobility Skills  
Visit with Family and Friends  
Make New Friends  
Take Care of Your Home  
Volunteer in the Community  
Respite for Your Family



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## *Why Choose Mainstay?*

- Prompt and compassionate response to service needs
- Consistent support staff
- Participation in team meetings
- An administrative team to address your needs
- Experienced, well trained staff
- Over 40 years of experience providing community supports



## **Funding Sources**

- Person/Family Directed Supports (P/FDS) Waiver
- Consolidated Waiver
- Private (self) payment

## **Mainstay Life Services Provides Supports**

That enable a person to access the community. Such support includes instruction in using transportation, helping with communication, assistance with shopping, enjoying social and recreational activities, and other activities of community life.

That assist a person in developing and maintaining financial stability and security, such as plans for achieving self-support; general banking; budgeting; and record-keeping.

That help a person increase their level of independence including supports to help a person be successful living on their own.

That help a person find interesting and meaningful daytime activities if they are not interested in a traditional day program. These might include volunteering, recreational and skill building activities.

That assist with personal care needs.

During overnight hours when a person needs the service to protect their health and welfare.

